



# Alert

**Warrandyte  
Primary School**

**Issue 42  
7 February 2019**

Website: [www.warrandyteps.vic.edu.au](http://www.warrandyteps.vic.edu.au)

Email: [warrandyte.ps@edumail.vic.gov.au](mailto:warrandyte.ps@edumail.vic.gov.au)

## Principal's Report

### International Children's Convention

Congratulations to Zara from Grade 5/6J for her selection this week as an international ambassador on the Australian delegation, going to the Asia Pacific Children's Convention in Fukuoka, Japan for 12 days in July. After completing a detailed written application in her own words last year, Zara participated in a selection day with some 60 other students from around Victoria. She was then one of just 8 students invited to attend a personal interview last weekend, and from this group just 4 students were selected as the Australian delegates for this year's Convention, including Zara.

Every year, the Asia Pacific Children's Convention welcomes nearly 300 eleven year old students and their chaperones from 40 countries around the world to take part in an international exchange camp and Japanese homestay programme. The objective is to enable the young delegates to become 'Global Citizens' who can respect and understand others by fostering a spirit of OMOIYARI, a Japanese word meaning extending feelings of consideration, compassion and empathy towards others. The objective is to foster international peace and understanding by providing a unique opportunity for young students from a wide range of countries to come together to make connections by sharing their culture and experience with one another.

We are very proud of Zara for her selection and have no doubt that she will be an excellent ambassador for Australia and Warrandyte Primary School. We look forward to hearing all about her experiences once she gets back. Thank you Sensei (Tracey) for organising this wonderful opportunity for Zara (and also writing this article).

### Assembly

Our first assembly for the year will take place next Monday. Our 2019 School Leaders, Oscar and Emily will lead our assemblies. Year 6 leaders will be working with me throughout the term to organise and present assemblies. We encourage and welcome parents to attend our Monday morning assembly.

## School Calendar

*Uniform Shop Open 9.00  
Every Tuesday & Friday*

### **Wednesday 13 February**

*FOWPS Meeting 9.15am*

*Information Evening-  
6.30pm*

### **Friday 22 February**

*District Swimming*

### **Wednesday 27 February**

*Finance-7pm/School  
Council Meeting-7.30pm*

### **Thursday 28 February**

*Parent/Teacher Interviews*

### **Friday 1 March**

*District Tennis*

### **Monday 4 March**

*Division Swimming*

### **Tuesday 5 March**

*2020 Prep Information  
Evening 6.30pm*

### **Friday 22 March**

*Musica Viva Incursion*

**Creativity**

**Achievement**

**Respect**

**Encouragement**

I do ask that parents, guardians and visitors seat themselves at the back of the BAMPI. The seating at the side of the hall is provided for classroom teachers and staff. Assemblies are an excellent way of providing information, sharing news and showcasing the talents of our students. A reminder to all parents, young children and visitors that it is expected that you will demonstrate due respect for our students by listening carefully throughout our Assembly.

**Parenting Ideas**

Warrandyte Primary School has joined ‘Parenting Ideas’ which is a fabulous resource providing support for schools in dealing with the daily challenges of working with children. Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. The provided resources for parents (and teachers) will become a regular feature in our weekly newsletter. For more information including articles, blogs and webinars visit the Parenting Ideas website at <https://www.parentingideas.com.au/>

**Top five parenting tips for this year**

The start of the year is a great time for making changes and improvements to the way you raise kids. The trouble is, our good intentions towards change often become derailed around March, and we return to our default mode of parenting. So nothing much changes from year to year.

At Parenting Ideas, we have selected the five tips that we think will have the most positive impact on kids this year.

**1.Switch on your kids’ strengths**

Most of us have been conditioned to focus on what kids can’t do. It’s not your fault. You were trained by teachers and parents who were adept at picking up your poor behaviours, highlighting errors and encouraging you to eliminate your faults.

There is a better way. The Positive Psychology movement lead by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids’ strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength, and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it). Rather than locking on to your child’s weaknesses, set your antennae to your child’s strengths.

**2. Balance kids’ extra-curricular activities**

Alongside social media and news events, being busy is now recognised as a major stress for many children and young people. Over-scheduling kids’ lives is a relatively new phenomenon. Go back a couple of generations and a few sports, music lessons and things like scouting movements were the mainstays of after school life for most kids. Now the choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents. Many complain that family life is like now living in a hamster wheel, always in constant motion, with hardly a time to catch their breath. The cost of loading kids up with scheduled activities is that many don’t get the chance for free play, or simply ‘vegging out’ on the couch. The benefits of all this activity in terms of kids’ skill development, personal growth and broadening social horizons is well-founded. However finding a balance is tricky as every child, like every family is different.

<b>Creativity</b>	<b>Achievement</b>	<b>Respect</b>	<b>Encouragement</b>
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### **3. Focus on friendships**

Friendships are an important part of the road to adulthood for a child or young person. With families shrinking in size peer relationships are now fundamental in providing kids with a sense of belonging, a place to hone their identity and a group upon which they can develop their future relationship skills such as tolerance, empathy and forgiveness.

Friendships can be problematic. Not every child is naturally outgoing and makes friends easily. If your child is like this, but generally seems happy, then there may be no need to do anything. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

### **4. Give kids tools to manage anxious moments**

Let's just say it upfront. We don't have a childhood resilience problem as many teachers and professionals say, but we do have a childhood anxiety problem. A big one! And it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

Everyone feels worried from time to time, but these feelings pass when the stressful situation has passed. Anxiety occurs when these anxious feelings don't pass, and happen for no obvious reason. It's a serious condition that can be managed and minimised with their right tools.

### **5. Develop rights of passage**

Why are young people, like moths drawn to a flame, attracted to that annual end of school year beach and booze fest known as schoolies? Why do young people who for the best part of a year put their future self first and study hard to achieve best possible school results, put themselves at risk for a solitary week? It's more than letting their hair down.

In the absence of adult-initiated rights of passage young people will always fill the void and create their own. For many young people schoolies is *the* right of passage. As a community we've struggled for many years to create meaningful rights of passage for young people. Once a young person's first job, or their twenty-first birthday were significant markers of maturity, offering a sense that they were entering into the adult world. Community changes have largely eradicated these traditional markers, which make it harder for a young person to know when they've become an adult.

There are many healthy ways to recognise a young person's growing maturity and mark his or her journey into adulthood. Many families are now creating their own rituals to mark key events such as the end of primary school, the start of the teenage years or various stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

### **Will anything be different this year?**

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap. We pointed you in the direction that we feel is important for you and your kids to take kids this year. It's you who has to implement changes and do the work.

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Through our webinars we've made it easy to take that vital first step to better outcomes for kids. Have a great parenting year.

### Information Evening

Next Wednesday 13 February, we are inviting all parents (and carers) to the school for an information session. Parents will meet in the BAMPI at 6.30pm before moving to classrooms to meet their child's 2019 teacher. Specialist staff will be available in the BAMPI to talk to parents. Prep, Year 1 and Year 2 classes will be open from 6.45, Year 3/4 from 7.00 and Year 5/6 at 7.15. I encourage you to take this opportunity to attend these sessions, as it will provide information on student and parent expectations for the 2019 school year. It will also give you the opportunity to meet your child's 2019 teacher and ask any questions that you may have.

### Congratulations

- Students in Year 3-6 for displaying outstanding behaviours and participation at this week's House Swimming Sports
- House Captains for your positive attitudes and organisation of your teams during the swimming sports
- A sincere thank you to Sally for her organisation of the House Swimming Sports and to the many parents who also assisted on the day

### Thought for the Week

*"I speak to everyone in the same way, whether he is the garbage man or the president of the university."*  
— Albert Einstein

**Craig Crouch**

**Principal**

Warrandyte **Community Bank**® Branch

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When you bank with Warrandyte **Community Bank**® Branch great things happen in your community.  
So, if you're not banking with us already, drop by and be part of something bigger.

**Drop into the branch at 144 Yarra Street, Warrandyte or phone 9844 2233 to find out more.**

**bendigobank.com.au**

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It's nearly Warrandyte Festival time again!!

Applications are again online, the application form can be found at:

<https://warrandytefestival.org/participation/applications/>

Applications are open now, until the Wednesday before the festival.



### Let's Do This!

Want to participate in a fun, community event while raising money for Warrandyte Primary School? We have an exciting opportunity for you.

Warrandyte Primary School are raising money to create a sensory garden and play space. Students and parents have the opportunity to register in Run Warrandyte on the 3<sup>rd</sup> of March and fundraise for our school. Bendigo Bank are providing a grant of \$1000 if one of our students raises the most amount of money for a registered primary school student.

All the information is provided in the flyers at the end of the newsletter. If you have any questions please contact [genevive.stephens@gmail.com](mailto:genevive.stephens@gmail.com).

### **Flexibuzz App**



Warrandyte Primary currently uses Flexibuzz as one of our communication tools with parents. For new families joining us this year please go to the App store, search FlexiBuzz and download it. Once the App is on your phone, open it and go to 'Find & Tick'. Search for 'Schools, Primary'. Search for 'Warrandyte Primary School'. Then choose 'Emergency Management' and your child's specific grade. If you have an apple device be sure to click 'Allow Notifications'. For all our returning families please update your child's grade for notifications specific to your family.

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# Welcome from FOWPS

Dear parents and care givers,

Welcome to 2019! If you are new to the school you might not know about the Friends of Warrandyte Primary School group (FOWPS). We are made up mostly of parents with a focus on fundraising and organising social events for families. We meet once per term and usually share the lead on different activities such as the Warrandyte Festival fairy floss and bake sale, Trivia Night, Movie Night and strawberries and ice-cream sales at the end of year Carols. Each year we rotate the role of Coordinator.

It is a great opportunity to get to know other families at the school. We are having our first meeting next Wednesday (13th Feb) after drop-off at the Warrandyte Café. Please come and share your ideas. Attending this meeting does not mean you have to sign up for anything! Please come and say hello. However, we are looking for a new coordinator so if you are interested in taking on this role please step forward. There is a terrific team of parents to support you.

There is also a FOWPS Facebook page in addition to the WPS Facebook page that we encourage you to join so you can share ideas and keep updated.

The first event of 2019 for FOWPS is the Warrandyte Festival. More information will follow on how to get involved in preparing (baking, set up etc) and volunteering on the stall over the festival weekend.

Warm regards,

Meg Bailey

On behalf of FOWPS

## Sport News



### House Swimming Sports

Last Monday, February 4, we had our first House event for the year, being the swimming carnival. Congratulations to Yarra who won on the day but only by 8 points to Anderson (136), Brackenbury (134) and Forbes (119).

It was great to see so many enthusiastic students performing to the best of their ability, and also the way they encouraged each other.

The new House captains did a great job in organising relay teams and helping out students with their questions.

Special thanks to Wes, Archie and Ella who came early with me to assist setting up for the events. Thank you to the 15 parent helpers who did a great job with the placings, and the extra parents who offered to help. In particular Laurie Scholes-Robertson who worked as 1st place judge for every race. Last but certainly not least, the staff who were kept busy with marshalling, supervising and at the recording table.

Thank you everyone for helping to make this another successful carnival!.

**Sally Freemantle**

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## OSHC News

Hopefully many of you have met Amanda, if not please do drop into before or after care and say hi.

First accounts for the year have been issued, if you did not receive yours please let us know.



## Sick Bay Laundry Roster



Thank you to those parents that have offered to help in our first aid room. A few more helpers would be wonderful. If you are willing to be on the roster to change, make the beds & wash the linen, preferably on a Friday afternoon please let me know at the office or via email. Thanks

***Cherise***

## Uniform Shop News

The lovely Nat & Robyn are again running the uniform shop this year. The shop will be open Tuesday & Friday's from 9—9.30am.

A completed order form can also be left at the office at any time.

***Nat & Robyn***







## **WJFC 2019 Season Launch**

**Save the Date! Sunday 17 February 2019**

**Meet your 2019 coaches and catch up with your team members**

**More Information, and to register visit :**

<https://mailchi.mp/865ae690c64c/2018-football-registrations-now-open-1816545?e=4b57790062>



Warrandyte Netball Club is looking for Under 9 age group players to join us for the Autumn Season. Anyone born in 2011/2010 is eligible and no experience is necessary. Training commences next week on Friday Feb 15 from 3.45 - 4.30pm at the Taroona Ave courts. First game is Saturday Feb 23 at the Templestowe courts (normally 8.30am or 9am games). For more info or to register please email [registrar@warrandytenetball.org](mailto:registrar@warrandytenetball.org) as soon as possible.

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Get prepared for a tennis experience to rival the Australian Open with Warrandyte Tennis Club

# OPEN DAY

**2 DAYS OF FREE COACHING SESSIONS**

## **TUESDAY FEB 12<sup>TH</sup>**

**Warrandyte Tennis Club**  
Taroon Ave, Warrandyte

4pm - Kids aged 5 to 8  
4.45pm - Kids aged 8 to 12

## **SUNDAY FEB 17<sup>TH</sup>**

**South Warrandyte Tennis Club**  
Coleman Road, Warrandyte South

9am - Kids aged 7 to 10  
9.45am - Kids aged 10 to 12  
10.30am - Kids aged 5 to 7  
11.15am - Cardio Tennis ages 16+  
(and adults)

**You must book in to secure your place  
and make sure your friends do too...**

**FREE Hot Shots racquet and T-shirt**  
**for any kids who sign up for lessons on the day**

Please call or email to book in  
0488 722 538 - [info@thetenniscguru.com.au](mailto:info@thetenniscguru.com.au)



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# HELP WARRANDYTE PRIMARY SCHOOL **WIN \$1000\***

✦ The Primary School student who raises the most money for a primary school wins a Warrandyte Community Bank Branch bank account with an **OPENING BALANCE OF \$100\***



**run**  
Warrandyte

# 3 MARCH 2019



**EVENTS FOR ALL ABILITIES AND AGES**

VISIT **RUNWARRANDYTE.COM**  
ENTER IN AN EVENT AND START FUNDRAISING FOR  
**WARRANDYTE PRIMARY SCHOOL**

## JOIN THE FUN

**#RUNWARRANDYTE**



All profits from event registrations go to the Warrandyte Sporting Group - keeping our kids playing footy, cricket and netball all year

The Primary School student who raises the most money for a primary school wins a Warrandyte Community Bank Branch bank account with an **OPENING BALANCE OF \$100\*** and a Warrandyte Community Bank Branch **DONATION OF \$1000** for their School.

\*Visit <http://www.runwarrandyte.com/terms-and-conditions> for more details

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# 3 MARCH 2019



VISIT [RUNWARRANDYTE.COM/REGISTER](http://RUNWARRANDYTE.COM/REGISTER)  
ENTER IN AN EVENT AND START FUNDRAISING FOR  
**WARRANDYTE PRIMARY SCHOOL**

After Registration the landing page will have a button

START FUNDRAISING CAMPAIGN

Below is an example of Fundraising Page Creation for your School

Put a name in here:  
something like:  
Stephanie for Warrandyte Primary

Fundraising Goal (optional)

Enter the End Date of 3 March 2019

Select your Primary School Here

Put information about why in here  
and who is helping you or entering the  
event with you.

Add an image here this will show on  
the campaigns page

Campaign Details

Campaign Name \*

Fundraising Goal (\$) \*

End Date \*

Select Your Charity or Cause \*

Warrandyte Primary School

Full Description \*

Why are you...

How you can tell us about your charity and list your team members

Feature Image \*

Drop image here



## JOIN THE FUN

#RUNWARRANDYTE



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\*Visit <http://www.runwarrandyte.com/terms-and-conditions> for more details

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## Growing Resilient Kids

A Parents Building Solutions Program for parents of children aged 3 to 12 years

Do you want to:

- Help your child cope in a chaotic world?
- Improve your child's confidence and self esteem?
- Deal with anxious feelings?
- Help your child to cope with change?
- Develop strategies to manage anger?
- Communicate better with your child?

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

**When:**

Tuesdays (5 evening sessions)  
March 5th to April 2nd 2019

**Time:**

7:00 to 9:00pm

**Where:**

Doncaster Church of Christ,  
674-680 Doncaster Rd, Doncaster

**Cost:**

Free of charge. Bookings essential.

**Bookings:**

Sharon Muir on 0438 683 049  
sharon.muir@anglicarevic.org.au

[anglicarevic.org.au](http://anglicarevic.org.au)



BETTER  
TOMORROWS

## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about the CSEF visit  
[www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

If you applied for the CSEF at your child's school in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2019 or you did not apply in 2018.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Check with the school office if you are unsure.

