

Alert

*Warrandyte Primary School's
Weekly Newsletter*



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Wednesday 13 September 2017

School Calendar

THURSDAY 14 SEPTEMBER

SSS Dress Rehearsal-Hisense Arena

FRIDAY 15 SEPTEMBER

SSS Dress Rehearsal-Hisense Arena

SATURDAY 16 SEPTEMBER

SSS Performance-Hisense Arena

TUESDAY 19 SEPTEMBER

Gr 3/4-Rachel Lynch Hockey Clinic

WEDNESDAY 20 SEPTEMBER

3/4 Excursion to Melbourne Museum

FRIDAY 22 SEPTEMBER

Footy Day – Sausage Sizzle

No Canteen

Term 3 Ends 2.30pm

MONDAY 9 OCTOBER

Term 4 Commences

TUESDAY 10-THURSDAY 12 OCTOBER

Life Ed

MONDAY 16-FRIDAY 27 OCTOBER

3/4 Swimming Program

TUESDAY 17 OCTOBER

Basketball Round Robin

WEDNESDAY 18 OCTOBER

Gr 6-Rats of Tobruk Excursion

FRIDAY 20 OCTOBER

District Volleyball Round Robin

WEDNESDAY 25 OCTOBER

Finance 7pm and School Council Meeting 7.30pm

MONDAY 30-FRIDAY 3 NOVEMBER

5/6 Swimming Program

THURSDAY 2 NOVEMBER

2018 Foundation Information Evening 7.30pm

FRIDAY 3 NOVEMBER

Level 3/4 Orienteering

TUESDAY 7 NOVEMBER

Melbourne Cup Day-No Pupils at School

FROM THE PRINCIPAL

OUR SCHOOL VALUES

Creativity

Achievement

Respect

Encouragement

One of the big changes I have experienced in education over the years, is the increase in anxiety levels amongst students. More and more students are attending school feeling anxious about the world around them. I often wonder what has changed in society that has made our children so anxious. Has it always been there but now we have the ability and awareness to recognise it more in student behaviour? As a society, we expect so much of young people today and they have a great deal of pressure placed on them. For example, they are involved in numerous activities outside of school, they are expected to perform in standardised testing or scholarship exams and they are too often compared to others of a similar age.

In the new age world that we live, our young people are exposed to so much more than we ever were. And it is instantaneous. What happens, no matter where it occurs in the world, is reported immediately through digital and social media. Someone is always there with a digital device to record every second of what is happening.

The following tips might be useful when dealing with anxiety issues in your household:

1. Teach coping skills

Learning about feelings and how they can be managed can really help.

2. Discourage avoidance

The tendency to avoid difficult situations or tasks stops children learning how to manage in spite of feeling anxious.

3. Encourage 'having a go'

Encouraging students to participate and 'have a go' helps them get over doubts about their ability to manage. Giving positive feedback for trying can make a big difference.

4. Set realistic expectations

Feeling pressure to be perfect is common for children with anxiety disorders. Setting realistic expectations for tasks, games or work is important to help them learn to manage their anxiety and stress less.

5. Modify and monitor stressful activities**6. Develop independence**

Provide opportunities for children with anxiety to take on special responsibilities that help them support their view of themselves as capable.

7. Access help when needed

There are some wonderful support networks available, don't be afraid to ask for help.

Often anxiety can manifest in children and adults through a range of behaviours. It's important that we are not too quick to judge the behaviors of others. We never know what is going on in the background. As I always say, there is always a reason behind an individual's behaviour.

Working Bee – Sunday 10 September

Sincere thanks to Cathie Brooks and those that make up our very active B&G Committee who attended our Working Bee on Sunday. It was wonderful to see so many in attendance. A number of projects were completed during the morning (and into the afternoon) ensuring that our school grounds are looking great for the Spring weather. Thank you to the following families; Rogan, Curtis, Curnow, Tobin, Alekna, Koot, Pearce, Poole, Scholes-Robertson, Callow, Dunkley, Khazour (and Grandparents), Whitmore, Wells and Callans. Your hard work is very much appreciated. A special thank you to Jane, who organised the native plants for the front of the school and Kevin for his continued support.

Our last Working Bee will be held next term. It would be great to build on the success of Sunday and get as many families as possible. Rumour has it that there might be a BBQ and cold drinks provided for those in attendance.

State School Spectacular – Saturday 16 September

The annual Victorian State Schools Spectacular provides an invaluable performing arts opportunity for Victoria's government school students and includes over 3000 school students performing as a 64 piece orchestra, 1300 voice choir, 1200 dancers, 30 lead vocalists, 16 principal dancers, 20 ensemble dancers, 8 backing vocalists, roller skaters, puppeteers and more.

The show provides the opportunity for students to rehearse and work with a number of acclaimed professionals in the performing arts field. Students from Warrandyte Primary School will once again be part of the 1200 mass dancers in a performance that they will always remember. Congratulations and good luck to those students representing our school. A sincere thanks to Kirsty Wolters for the outstanding work that she has done in organising the event and to the many parents that have supported the program.

Congratulations

- Students who will be representing Warrandyte PS at the District Athletics Carnival on Thursday, all the very best.
- Senior students who will be representing Warrandyte PS at Hooptime on Wednesday, all the very best.
- Bailey Wood for showing initiative and patience in supporting a younger student in need.
- Students who assisted at the Working Bee-you were AMAZING!

Thought for the Week

The only way to get rid of the **fear** of doing something is to go out **and do it!**

Craig Crouch
Principal 😊



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Performing Arts News

Only three days until Spectacular Saturday!

Best of luck to our Spec dance team who have a very busy and exciting week ahead! Finally, after six months rehearsing seven dynamic dance routines, they will be heading out to Hisense Arena with several thousand other Victorian school students to perform two all-day dress rehearsals, followed by two professionally staged three-hour shows.

Many thanks to the parents who have volunteered to transport students to and from Hisense Arena, and to Sarah Kelly who will be assisting with supervision.

Limited tickets are still on sale through Ticketek to the 1pm and 6.30pm performances of the Victorian State Schools Spectacular this Saturday, September 16. We would love to see you there!

Thank you to Gardiner McInnes Real Estate

Many thanks to Kym Lynch at Gardiner McInnes Real Estate for organising our fabulous Spec billboard. We are very proud to share with the community our school's participation in this exciting event.



Junior Choir

Students in Years one and two who love to sing are welcome to join Junior Choir. We rehearse most Thursdays at 1.40pm. There are no auditions, but once students have joined the Choir, they are expected to commit to attending all scheduled rehearsals. There will be no rehearsal this week due to the State Schools Spec dress rehearsal, but new students are welcome to drop by the Music Room next Thursday to trial Choir and see if it is something they might like to participate in next term.

We will be performing at the Christmas Carols Night and hopefully visiting the local Pre-Schools.

KIRSTY

Sick Bay Laundry



Kylie Dunscombe is the lucky mum this week. She is entitled to come up and change the linen and return it next week all fresh for us.

CHERISE

Before & After Care News



Our thoughts, condolences and love to Tori and family on the recent unexpected passing of her father, Chris.

Thanks to the OSHC team for rolling up their sleeves and pitching in and working all odd shifts whilst I have been on sick leave these past two weeks. Hopefully everything will return to normal next week.

Accounts were emailed/issued this week. It would be appreciated if all accounts could be settled before the end of term. Thanks

CORALIE

Henhouse Helpers



The Henhouse Helper for next week is The Rowe Family. If there are any families who would love to be included on the Henhouse Roster (you get to keep the eggs) then please ring Yvette Harbinson on 0416 020 088.

Sport News



Promoting Character

Last Wednesday, 18 grade 5 students were selected to attend the Manningham Promoting Character clinic held at the Veneto Club in Bulleen. The aim of this event is to promote good character in sport through recognising the character traits of Encouraging, Fair Go, Integrity, Respect and Team Work. The students from 6 schools rotated around clinics including Bocce, Cricket, Dodge Ball, AFL and Soccer. All students thoroughly enjoyed the day and were treated to a visit by the Lady Mayor of Manningham. AFL South Melbourne legend and Brownlow Medal winner Peter Bedford took the AFL clinic and brought his medal with him to show the students and offered photo opportunities with it.

Doncaster Little Athletics

Season starts 30th September. Competition times are most Saturdays 8.30am - 11.30am.

For all ages (5 - 16). Free try outs available.

Tom Kelly Athletics Track, George Street, Doncaster

Any queries please contact Piri Edwards 0419 702 691

Leaflets available in the office

District Athletics

Good luck to all our 50 students competing in the Athletics this Thursday at Doncaster Athletics Track. Please wear appropriate Warrandyte Sport uniform for competing as well as for the weather conditions. There is no canteen available so all food and drinks must be brought.

Lost Property

All un-named school uniforms will be donated to the second hand uniform shop at the end of term. Casual clothing will be donated to the Op shop, so please come and collect your child's clothing.

Soccer and Football Uniforms

I am still waiting for some Soccer and Football tops to be returned from Term 2. Could these please be returned ASAP as they will be needed for sport photos.

SALLY

Canteen News

Reminder that the canteen will be closed on the last day of term Friday 22 September.

New Winter Menu:

Spinach & Ricotta Rolls \$3.20

AMBER category

Nachos available **Monday only**

Hot chocolate available this term \$2.00

Please avoid using foreign coins, as I seem to be getting quite a few slip into lunch order bags.

Many thanks

ROCHELLE

Woolworths Earn & Learn 2017

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September or while stock lasts, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at school or hand the stickers/sheet into the office.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit www.woolworths.com.au/earnandlearn



STUDENT LEARNING PORTFOLIO REQUEST

If you would like your child's Student Learning Portfolio to come home at the end of this term, please complete the cut off slip below and return it to school by Friday 15 September

Your child's Portfolio is a co-operative effort between your child and their teacher/s and is an ongoing document of achievements, assessments and reflections. The Portfolio gives you a picture of your child's level of achievement, strengths and areas of need, and tracks how your child's learning and skills are developing over time.

As part of the reporting package, Portfolios will go home at the end of Terms 2 and 4 with their written report. At the end of Term 3 you are able to request if you would like your child's Portfolio to come home.

Term 3 Student Learning Portfolio Request

Child's name:.....

Child's class:.....

I would like my child's Portfolio to come home at the end of term and will return it to school in the first week of Term 4.

Parent/Guardian signature:

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